

Privacy Policy

KP Fitness is committed to protecting and respecting your privacy. We would like to keep in touch with you about the classes and any events that we are involved in and will never sell your data and promise to keep your details safe and secure.

As an attendee of my group exercise classes, I collect, store and use the personal data that you provide me. I do this so that I can effectively manage my classes and ensure that as a participant you are kept informed and safe. I may use your data to contact you with class updates and wider group exercise related opportunities I think you may be interested in. I will use your data to keep me informed about any health or wider needs you have that I need to consider whilst delivering your class/es. Some of the data that I collect from you is 'specialist category'. This includes (not exhaustively) any data relating to disabilities and health. I collect and use this data to enable me to tailor activities to your needs.

This policy explains when and why we collect personal information about class participants, how we use it, the conditions under which we may disclose it to others and how we keep it secure.

How do we collect information from you?

Information is obtained about you when you attend your first class. There are two forms, an Informed Consent and a PAR-Q+ (physical activity readiness questionnaire.) This information is for insurance purposes and awareness of any health conditions.

What information do we collect from you?

Personal information collected includes your name, address, telephone and/or mobile number and email address (if you have one), as well as medical information. An emergency contact is also included, assuming you have obtained permission.

Why do we need to collect your information?

Information is collected from you for insurance purposes and to keep you updated about the classes and any events. The medical information provides awareness of any medical issues.

Emergency Contact

Anyone providing an emergency contact needs to make sure that the point of contact has given permission for KP Fitness to make contact.

16 or under

Any information about children 16 or under will be collected beforehand with permission from the parent/guardian.

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Privacy Policy continued...

Who has access to your information?

All information collected is confidential and only KP Fitness has access. If medical services are required, then your medical information and emergency contact will be passed on to them. No information is shared with the insurance company, nor with the establishments where classes are run. Your information will not be sold or rented to third parties, nor will your information be shared with third parties for marketing purposes.

For how long is your information held?

Unless you have given me separate written consent, I will cease to contact you 6 months after your stop attending my class/es. At this point I will also delete/destroy all personal data that is not linked to financial records. I will store any personal data linked to financial records for a 6-year period. HM Revenue and Customs (HMRC) have the right to inspect financial information relating to the previous 6 years and require all trading entities to keep financial records for this length of time.

How you access or update your information?

You may request details of personal data which we hold about you or withdraw your consent at any time. Or if any of the other information we hold is inaccurate or out of date, please make contact by email: loomsie@yahoo.co.uk or telephone on 01722 331956.

If you have any concerns about my information rights practices you can raise them here www.ico.org.uk/concerns or by calling 03031231113.

Security precautions in place to protect the loss, misuse or alteration of your information

Sensitive information (such as credit or debit card details) are not collected and all non-sensitive details (your email address etc.) are stored in a password protected file. We have the necessary security and all data is regularly backed up. However, any information transmitted normally over the Internet (like email), can never be guaranteed to be 100% secure. As a result, we cannot guarantee the security of any information you transmit to us, and you do so at your own risk.

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